

Good 3/24/23-4/20/23

Supplement and Health & Beauty products sale dates may differ, see store for details

Sustainable Seas

Chunk Albacore Tuna
in Water
5 OZ

\$2.59

Regular Price \$4.19



Breton/Dare

Cabaret
Crackers
6.1 OZ

\$2.99

Regular Price \$4.19



Food For Life

Multiseed English Muffin
Made w/Organic Ingredients
18 OZ

\$6.19

Regular Price \$8.49



Muso From Japan

Umami Sauce, Black
Garlic
5.1 FL OZ

\$7.39

Regular Price \$14.59



Lilys

Baking Chips
Dark Chocolate
9 OZ

\$6.89

Regular Price \$9.39



Simply Delish

Jel Dessert
Strawberry
.7 OZ

\$1.89

Regular Price \$2.99



Sweetened with stevia with no added sugar and great for cookies, pancakes or snacking out of the bag.

Seeds of Change

Organic Rice
Spanish Style
8.5 OZ

\$2.99

Regular Price \$4.39



Lilys

40% Milk
Chocolate Bar
Caramelized & Salted
2.80 OZ

\$3.59

Regular Price \$4.89



Caramel and chocolate are combined creating an irresistibly sweet and salty taste.

Vive Organic

Organic Immunity
Boost Shot
Original Ginger &
Turmeric
2 FL OZ

\$2.99

Regular Price \$3.49



This power-packed blend of roots, fruits and flowers is the ultimate immune system strengthener.

Miyoko's Creamery

Organic Vegan
Butter
Hint of Sea Salt
8 OZ

\$4.49

Regular Price \$5.29



Made with organic coconut oil, this plant-based butter goes perfect with your morning toast.

Live Soda

Organic Kombucha
Root Beer
12 FL OZ

\$2.49

Regular Price \$2.99



The most popular flavor of Kombucha, Revive Rootbeer has a creamy, bold and refreshingly smooth taste.

Roar Organic

Organic Water,
Cucumber
Watermelon
18 FL OZ

\$1.99

Regular Price \$2.39



Skinnydipped
Skinny
Dipped
Almonds
Peanut Butter
3.5 OZ



\$4.59
Regular Price \$6.19

Zing Bar
Vitality Bar
Dark Chocolate Cherry
Almond
1.76 OZ



\$1.99
Regular Price \$2.69

Lenny & Larry's
Complete Cookie
Double Chocolate
4 OZ



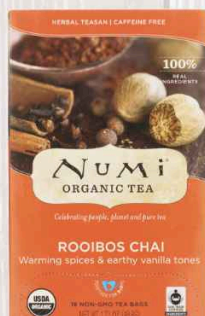
\$1.99
Regular Price \$2.69

Wholly Wholesome
9 inch Pie Shell
2 Pack
14.9 OZ



\$6.59
Regular Price \$8.89

Numi Tea
Organic
Ruby Chai
Herbal Tea
18 BAG



\$5.39
Regular Price \$7.29

Plus Select Varieties

Laird Superfood
Superfood
Hot Chocolate, Mushroom
8 OZ



\$9.29
Regular Price \$12.59

Just Ice Tea
Organic
Green Tea,
Original
16 FL OZ



\$2.29
Regular Price \$2.59

Bragg
Organic
Apple Cider
Vinegar,
Apple
Cinnamon
16 FL OZ



\$3.49
Regular Price \$3.99

Healthy thirst quencher & energy boost. All organic, low calorie and shelf stable. Convenient alternative to the Bragg Apple Cider Vinegar.

Ripple Foods Pbc
Dairy-Free
Half & Half
Original
25.4 FL OZ



\$4.79
Regular Price \$5.39

For coffee or cooking.

Three Trees
Organic
Almond Milk
Unsweetened
Vanilla Bean
28 FL OZ



\$5.59
Regular Price \$6.29

Califia Farms
Coconut &
Almondmilk
Blend
Toasted
Coconut
48 FL OZ



\$4.39
Regular Price \$4.89

Creamy coconut mixed with almond milk creates the perfect sugar-free drink.

Mamma Chia
Organic
Blackberry
Hibiscus
10 FL OZ



\$2.89
Regular Price \$3.39

Combining the rich flavor of the organic blackberry with the gentle essence of the cherished Hawaiian hibiscus flower.

Breton/Dare
Cracker
Herb & Garlic
4.76 OZ



\$2.99
Regular Price \$3.99

Swerve
Sweetener
Brown
12 OZ



\$6.49
Regular Price \$8.69

Felix
Wild
Lingonberries
in Sugar
10 OZ



\$5.59
Regular Price \$7.49

naturally rich in antioxidants.

Alessi
Sesame
Breadstick
4.4 OZ



\$1.99
Regular Price \$2.59

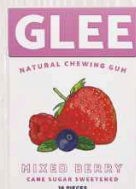
Chosen Foods
Keto Mayo
Traditional
12 FL OZ



\$6.99
Regular Price \$9.29

When coconut oil is whipped together with cage-free organic eggs and vinegar, the result is a deliciously creamy mayo

Glee Gum
Natural Chewing
Gum
Triple Berry
16 PC



\$1.39
Regular Price \$1.79

Glee is delicious, natural chewing gum containing no artificial colors, flavors, sweeteners, or preservatives.

Daiya Foods Inc
Cheezecake
Strawberry
14.1 OZ



\$6.69
Regular Price \$8.89

Carrington Farms
Organic Crounons,
Garden Herb
4.75 OZ



\$3.69
Regular Price \$5.29

Udi's Gluten Free
Gluten Free Bread
French Baguette
8.5 OZ



\$4.99
Regular Price \$6.79

They have all the taste and texture of classic baguettes-crispy on the outside, soft and chewy on the inside-but without the gluten.

Aleias
Savory Stuffing
Mix
Gluten Free
10 OZ



\$5.59
Regular Price \$7.59

Flavorful, aromatic and ridiculously delicious, you will want to serve this gluten-free stuffing as a side dish year-round.

Angie's
Boomchickapop
Popcorn
White Cheddar
4.5 OZ



\$3.29
Regular Price \$4.39

Made with real cheese, this white cheddar popcorn is just what your cravings called for. Plus, it's 60 calories a cup. You're welcome.

Mamma Chia
Organic Chia Squeeze
Cherry Beet
3.5 OZ



\$1.69
Regular Price \$2.19

Biokleen
Bleach
Oxygen Plus
2 LB



\$5.49
Regular Price \$7.59

Color safe formula that brightens colors and whites, conditions water and fights stains and mildew.

Mrs. Meyer's Clean Day
Liquid Dish Soap
Lemon Verbena
16 FL OZ

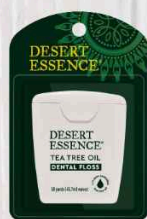


\$4.19
Regular Price \$5.69

Rich, thick and makes grease disappear like nobody's business.

Desert Essence
Dental Floss
Tea Tree
50 YD

\$2.99
SRP \$4.29



Non shredding floss with tea tree oil.

Crystal
Mineral Roll-On
Deodorant
Lavender & White Tea
2.25 FL OZ

\$3.99
SRP \$5.99



Infused with aromas that please without overpowering the senses.

Sukin
Volumising Shampoo &
Conditioner
16.9 FL OZ

\$6.59
SRP \$9.99



Beekeepers Naturals
Kids Cough
Syrup, Nighttime
Immune Elixer
4 FL OZ

\$11.59
SRP \$14.99



Botanique
Whitening
Complete Care
Toothpaste
5.29 oz.

\$5.99
SRP \$6.99



Simply Mint

Everyone
Lotion, Unscented
32 FL OZ

\$9.99
SRP \$14.99



Everyone Lotion is light enough for your face and hydrating and moisturizing enough for hands and body. Gentle enough for the whole family.

Acure
Brilliantly
Brightening
Facial Scrub
4 FL

\$7.39
SRP \$10.59



Sea kelp super-nutrients detoxifies, while lemon peel and green clay cleanses

Andalou Naturals
Age Defying Facial
Lotion
Daily Defense with SPF 18
2.7 FL OZ

\$12.69
SRP \$16.99



Heal and defend against oxidative and environmental stress.

Dr. Bronner's
Aloe Baby Castile
Soap

8 FL OZ **\$5.89**
SRP \$7.89



Made with organic coconut oil for high-lather cleansing and emollient olive and hemp oils

Weleda
Diaper Cream,
Calendula
2.8 OZ

\$11.49
SRP \$16.53



Desert Essence
Jojoba Oil
100% Pure
4 FL OZ

\$10.99
SRP \$14.89



This natural plant extract quickly penetrates and moisturizes without an oily residue.

Bach
Rescue Sleep
Liquid Melts
28 CT

\$9.69
SRP \$13.80



RESCUE® offers consumers a natural sleep aid in a NEW dissolve-on-tongue gel capsule based on 70 years of history!

Vital Proteins
Collagen Peptides
Unflavored
10 OZ

\$22.99
SRP \$26.99



Supports healthy hair, nails, skin, and joints, with skin-loving hyaluronic acid plus vitamin C.

your local, award-winning natural foods store!



THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.