



fresh. local. organic.

1316 N. 4TH ST. COEUR D'ALENE | (208) 676-9730 | PILGRIMSMARKET.COM

OPEN EVERYDAY 8AM- 9PM

Good 12/23/22 Thru 1/26/23

Muir Glen
Organic Tomato
Sauce
Regular
15 OZ

99¢

Regular Price \$3.19



Larabar
Original Fruit &
Nut Bar
Chocolate Chip Cookie
Dough
1.6 OZ

79¢

Regular Price \$1.99



Just as comforting and delicious as you would make at home.

Annie's Homegrown
Macaroni & Cheese
Shells & Real Aged Cheddar
6 OZ

4 for \$5

Regular Price \$3.59 each

Made with pasta and Real Aged Cheddar cheese.



Cascadian Farm
Organic Frozen Fruit
Sliced Peaches
10 OZ

\$2.99

Regular Price \$6.49



Premium freestone sliced peaches, perfect for making a sweet summer smoothie.

Annie's Homegrown
Organic Bunny Fruit
Snacks
Berry Patch
4 OZ

\$2.99

Regular Price \$6.69

A tasty mix of strawberry, cherry and raspberry flavored fruit snacks.



Cascadian Farm
Organic Cereal
Cinnamon Crunch
9.2 OZ

\$3.29

Regular Price \$7.99

Fair trade and organic whole grain squares lightly sprinkled with cinnamon and sugar.



R.W. Knudsen
Kiwi Apple Green Juice
32 FL OZ

\$4.79

Regular Price \$9.69



Brown Cow
Whole Milk Cream
Top Yogurt
Maple
5.3 OZ

99¢

Regular Price \$1.39

Made only with whole milk and is sweetened with cane sugar and maple syrup.



Sambazon
Organic Amazon
Energy Drink
Acai Berry
12 FL OZ

2 for \$4

Regular Price \$2.59 each

Packed with organic whole food protein to build lean muscle and healthy omegas to help keep you full longer.



C2o Pure Coconut Water
Pure Coconut Water
17.5 FL OZ

\$1.99

Regular Price \$2.69

Amazing nutritional properties to help keep your body operating in top condition.



Riot Energy
Organic Energy Drink,
Mango
16 OZ

\$2.19

Regular Price \$2.99



Zevia
Zero Calorie Soda
Cola
6/12 FL OZ

\$5.39

Regular Price \$6.99

Notes of citrus and spice are the perfect combination for a cola and a rare find in natural soda.



Annie's Homegrown
Organic Cheddar
Squares
White Cheddar
7.5 OZ



\$2.89
Regular Price \$5.89

Muir Glen
Organic
Tomatoes
Fire Roasted Diced
28 OZ



\$2.19
Regular Price \$5.49

Juicy tomatoes are harvested at peak flavor, peeled, diced and seasoned lightly with a dash of sea salt.

Vive Organic
Organic Immunity
Boost Shot
Original Ginger & Turmeric
2 FL OZ



\$2.79
Regular Price \$3.49

This power-packed blend of roots, fruits and flowers is the ultimate immune system strengthener.

Malk
Almond Malk
Unsweetened
28 FL OZ



\$4.19
Regular Price \$5.29

Made with freshly - shelled sprouted raw almonds and Himalayan salt.

Daiya Foods Inc
Tomato, Pesto,
Arugula
Flatbread
12 OZ



\$4.39
Regular Price \$8.19

Cascadian Farm
Organic Granola
Bars
Chocolate Drizzle
6 OZ



\$3.69
Regular Price \$6.59

A wholesome snack made in a peanut-free facility. Organic, Non-GMO, Gluten-Free and has 16g of whole grains.

Rebbl
Organic Super
Herb Elixir
Reishi Chocolate
12 FL OZ



\$3.19
Regular Price \$3.99

Awaken & de-stress. Supports and promotes healthy immune function, liver protection and detoxification, and cardiovascular health.

Califia Farms
Oatmilk
Barista Blend
32 OZ



\$3.39
Regular Price \$4.19

Steams beautifully, perfectly pairs with coffee, and tastes dang-good by itself.

Choice Organic Teas
Organic Tea
Earl Grey
16 BAG



\$2.99
Regular Price \$4.99

Brisk Ceylon and Indian organic black teas are blended with pure essential oil of Bergamot.

Honest Kids
Organic Kids Juice Drinks
Goodness Grapeness
8/6.75FZ



\$3.59
Regular Price \$5.99

Roar Organic
Organic
Cucumber
Watermelon
18 FL OZ



\$1.79
Regular price \$2.29

Olipop
Sparkling
Tonic
Root Beer
12 FL OZ



\$1.89
Regular price \$2.39

Epic
Venison Bar
Sea Salt + Pepper
1.3 OZ



\$1.79
Regular Price \$3.39

A perfect on-the-go snack. Venison Sea Salt Pepper protein bars are made with 100% grass-fed venison and spices.

Sweet Leaf
SteviaClear
Sweetener Drops
2 FL OZ



\$5.99
Regular Price \$9.89

For the sweet taste of sugar without the calories.

Sweet Leaf
Water Drops
Mixed Berry
1.62 FL OZ



\$2.99
Regular Price \$4.99

A convenient sugar-free and gluten-free hydration enhancer with a mixed berry flavor adds perfect flavor to water.

Recess
Sparkling Water,
Strawberry Rose
12 FL OZ



\$2.39
Regular Price \$3.19

Maranatha Natural Foods
Organic Peanut Butter
Creamy
16 OZ



\$4.69
Regular Price \$7.79

Organic peanuts with a careful accent of salt.

Purely Elizabeth
Grain Free Granola
Original
8 OZ



\$5.19
Regular Price \$8.49

Rich cashews, dried coconut flakes and superfood seeds combine with cashew butter and hints of vanilla and sea salt

Beyond Good
Organic Uganda
Cocoa Bar
Salted Caramel
2.64 OZ



\$2.29
Regular Price \$3.79

Provides a satisfying crunch with every bite. Salty, sweet perfection.

Pukka
Organic Tea
Night Time
20 BAG



\$3.79
Regular Price \$6.29

Desert Pepper Trading
Cantina Salsa
Mild
16 OZ



\$3.19
Regular Price \$5.29

Once Again
Sunflower Butter
Graham Cracker
Sandwich
1.59 OZ



99¢
Regular Price \$1.59

Mori-Nu
Organic Tofu, Silken
12 OZ



\$1.79
Regular Price \$2.89

Annie's Homegrown
Mini Pizza Bagels
Uncured Pepperoni
6.65 OZ



\$4.49
Regular Price \$7.39

Delicious, bite-sized pepperoni pizza bagels, perfect for an after school snack.

Yellowbird
Sauce
Serrano
9.8 OZ



\$4.19
Regular Price \$6.79

Gimme Seaweed Snacks
Organic
Seaweed Snack
Teriyaki
.17 OZ



99¢
Regular Price \$1.59

Bobo's Oat Bars
Oat Bar
Peanut Butter Chocolate Chip
3 OZ



\$1.99
Regular Price \$3.19

The slow-burning oats leave you feeling satiated beyond measure, satisfying your hunger and your sweet tooth.

Nutiva
Organic Liquid
Coconut Oil
8 FL OZ



\$8.59
Regular Price \$13.99

Annie Chun's
Noodle Bowl
Korean Sweet Chili
8.0 OZ



\$3.29
Regular Price \$5.19

Authentic flavor of gochujang with fresh-cooked hokkien noodles for a quick and easy Korean-style meal.

Annie Chun's
Seaweed Snacks
Wasabi
.35 OZ



\$1.19
Regular Price \$1.89

Discover a delicious new snack that's bursting with flavor.

Green Mountain Gringo
Medium Salsa
Pasilla & Jalapeno
16 OZ



\$5.29
Regular Price \$9.49

A perfect balance of fresh flavor and moderate heat.

Beyond Meat
Beyond Sausage, Plant Based Links
14 OZ



\$5.99
Regular Price \$9.99

Andalou Naturals
CannaCell Cream
Happy Day
1.7 OZ

\$14.99
SRP \$21.99

A nourishing botanical day cream with CannaCell hemp stem cells, organic hemp seed oil, and pure plant essential oils.



Himalaya Botanique
Balancing Neem & Turmeric Face Wash
5.07 oz.

\$7.69
SRP \$8.99



Desert Essence
Body Oil
Jojoba, Coconut & Chamomile
8.28 FL OZ

\$12.69
SRP \$17.50



Dr. Bronner's
Castile Soap
Tea Tree
16 FL OZ

\$8.49
SRP \$11.80

Made with organic coconut oil for cleansing and emollient olive and hemp oils for smooth mildness.



Everyone
Everyone Lotion,
Citrus & Mint
32 FL OZ

\$9.79
SRP \$14.99

Ultra moisturizing lotion made with pure essential oils and herbal extracts to keep your skin soft and smooth.



Dr. Tung's
Smart Floss
Natural Cardamom Flavor
30 YD

\$3.59
SRP \$5.69

The most effective dental floss - removes 40% more plaque. Cushion-soft comfort for your gums and fingers.



Dr. Bronner's
All-One
Toothpaste
Peppermint
5 OZ

\$4.89
SRP \$6.78

Helps freshen breath, whiten teeth and reduce plaque.



Sukin
Shampoo & Conditioner
Hydrating
16.9 FL OZ

\$6.89
SRP \$9.99

Free from sulfates, silicones, and harsh chemicals that can dry out and strip your hair and scalp.



The Seaweed Bath Co
Firming Body Cream
6 FL OZ

\$10.49
SRP \$14.99



Radius
Right Hand Big
Toothbrush
with Replaceable Head
1 CT

\$8.29
SRP \$10.99

Wide oval head, thumb grip, and large comfortable handle available in right or left.



Vital Proteins
Collagen Peptides,
Unflavored
20 OZ

\$35.29
SRP \$46.99



Childlife Essentials
First Defense.
Immune Support
4 FL OZ

\$14.99
SRP \$21.95



Bluebonnet
Vitamin C, D3 & Zinc
100 ct

\$14.29
SRP \$19.95



Vibrant Health
Green
Vibrance
12.61 OZ

\$49.79
SRP \$62.00



your local, award-winning natural foods store!





BEST OF 2021
SUPPLEMENT STORE
THE BUSINESS JOURNAL of North Idaho



BEST OF 2021
HEALTH FOOD STORE
THE BUSINESS JOURNAL of North Idaho



BEST OF 2021
SPECIALTY GROCERY
THE BUSINESS JOURNAL of North Idaho

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.